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LIBRARY NEWS

Kojonup Library presents your ticket to escape for a few hours.....

Great Australian Moments

AUSTRALIAN. The story of Australian sport is filled with hundreds and hundreds of unforgettable moments. They might be moments of history, as long-held records are broken or previously unimaginable heights reached.

Smiling at Shadows: A Mother's Journey Raising an Autistic Child

Smiling at Shadows is the story of Junee and Rod Waites and their son, Dane. Junee and Rod have journeyed with their son for 26 years: from the first anxious hours of Dane's birth, through childhood, adolescence and as he has blossomed into a talented and caring adult, with a valued place in his community, theirs is a remarkable story, because Dane is different.

How to be a good wife

Marta and Hector have been married for a long time. Through the good and bad; through raising a son and sending him off to life after university. So long, in fact, that Marta finds it difficult to remember her life before Hector. He has always taken care of her, and she has always done everything she can to be a good wife—as advised by a dog-eared manual given to her by Hector's aloof mother on their wedding day.

The best green smoothies on the planet

Indulge in these easy, delicious recipes and discover the incredible health benefits of green smoothies! IncredibleSmoothies.com founder Tracy Russell tried just about every fad diet and expensive “superfood” supplement out there, with negligible results. It wasn't until she discovered green smoothies that she lost 40 pounds, lowered her cholesterol by 50 points, and started running marathons.

Beyond the veil of tears

When everything was lost, she would seize a new beginning

An only child, fifteen-year-old Angeline Stewart is heartbroken when her beloved parents are killed in a coaching accident and she is given into the care of her uncle.

Naive and innocent, Angeline is easy prey for the handsome and ruthless Oswald Golding who is looking for a rich heiress to solve the money troubles his gambling and womanizing has caused.

On her wedding night, Angeline enters a nightmare from which there is no awakening. Oswald proves to be more sadistic and violent than she could ever have imagined. On learning she is expecting a child, Angeline makes plans to run away and take her chances fending for herself and her baby.

AUTHOR VISIT:

Megan Henry, Presenting her book “ALWAYS ON MY MIND”

PLEASE JOIN WITH US ON THE 3RD JULY AT 10am at the library.

Megan Henry lives in the architecturally rich shearing town of Wagin in Western Australia, two and a half hours South-East of Perth in the Great Southern. She is a dedicated and loving Mum of two delightful boys and spends her days wishing she didn't have to work so that she could fully immerse herself in endless hours of reading, writing and diarising. Country livin', shearing and the written word floats her soul to the highest of highs and her heart emphatically lies with non-fiction; the real stories that share the delicate fragility of the heart. The stories that our society is usually more accustomed to turn away from or dismiss, as it makes them feel just a little too uncomfortable. Megan's journalistic heart loves nothing more than to give the voiceless a voice and provide the

often sensitive and tough themes of addiction, institutional racism, depression, mental illness and the insanity of suicide a strong and transparent platform to reach the wider audience of Australia and the world.

Lorreen Greeuw
Library Services Officer

CALL FOR VOLUNTEERS

Are you community minded with a few hours to spare each week or month and enjoy sharing with visitors what Kojonup has to offer? Or maybe you've been out of the workforce for some time and looking to revitalise your skills or have even considered a career in tourism or marketing but don't know where to start? Whatever your reason, The Kodja Place Precinct is looking for more volunteers to help build their existing volunteer base in a variety of areas including visitor servicing, the Kodja Gallery, events and assisting with bus and school groups.

"We are looking to build our register of volunteers to help develop The Kodja Place Precinct not only into a major tourist attraction and drawcard for Kojonup, but to also help progress it into a community hub for all locals to enjoy," Manager, Zahra Shirazee said. "It would be fantastic to be able to hold local family events at Kodja Place or attract more school groups but to do this we more people to assist."

"You don't need any experience, just a willingness to learn and ability to deal with people as we will provide training," she said.

Anyone interested in volunteering or wanting to find out more can contact Zahra on 9831 0500 or email mkpp@kojonup.wa.gov.au

CALL FOR ASSISTANCE WITH WILDFLOWER EVENT

In September, Kojonup will be hosting the launch of the Hidden Treasures of the Great Southern's Annual Bloom Festival at the same time as Kojonup's Wildflower Festival. In preparation for the festival launch and to help showcase Kojonup, an urgent call for donations of large ceramic pots, approximately 50cm in diameter or larger is requested so that the pots can be planted up ready in time for the spring event. If you have any spare planter pots you are willing to donate, please call Marina at the Depot on 9831 2900 or The Kodja Place Visitor Centre on 9831 0500.

SHIRE PRESIDENT NEWS

Community Sporting and Recreation Facilities Fund (CSRFF) 2016/2017 Funding Round

The Department of Sport & Recreation (DSR) has advised Council that the 2016/2017 funding round will be amended as follows:

- The maximum grant request will be reduced from \$3 million to \$1 million;
- The CSRFF small grants allocation will be reduced from two \$750,000 rounds to two \$500,000 rounds (commencing in the 2016/2017 February Small Grants Round); and
- The maximum State contribution to a CSRFF project will decrease from 83.33% to 66.66% of the project cost.

The CSRFF funding program provides financial assistance to community groups and Local Governments to develop basic, sustainable infrastructure for sport & recreation. The program aims to increase physical activity and participation in sport and recreation and is an incentive for the rational development of good quality, well designed and well utilised facilities. The 2016/2017 funding round will have \$7 million available for allocation for WA.

It is essential that Council and community groups ensure that any funding applications for example towards the Sports Precinct Master Plan recognise the reduction in proposed funding and the tightening of government finances across the State.

WALGA President Mayor Troy Pickard said the decision to reduce the funding by 65 per cent - from \$20 million to \$7 million in the 2016/2017 financial year – was a backward step.

It is in contradiction of The Bigger Picture promotional banner - that appears on the Department of Sport and Recreation webpage confirming the cuts - which proclaims: “When We Play Sport, Our Whole Community Wins”.

“These are the facilities at the heart of local sports and recreation. They are where kids are active, play sports and learn important skills such as team work and leadership,” Mayor Pickard said.

“These are the places that bring communities together and promote a healthy lifestyle. They are a central part of the West Australian lifestyle that we treasure.”

Mayor Pickard said the planned cuts took funding to an unprecedented low level that was \$3 million less than when the Barnett Government came to power in 2008, ironically on an election platform that included increasing the Community Sport and Recreation Facilities Fund.

Sports Precinct Master Plan

Thank you to sporting precinct user groups who attended last week’s meeting to assess the contents of the Consultants options. The feedback received and general consensus gained from discussing practicalities, affordability, linkages, shared services, forward planning, asset management and strategic objectives etc. was excellent. Council officers will address users groups preferred options in order to brief Council and ultimately the community.

Kojonup Saleyards

A significant effort has been undertaken by Council and in particular the Shire President to draw to the State Governments attention the inequities that exist regarding the regulatory aspects attached to the Kojonup Saleyards which conducts a maximum of 3 sheep sales each year predominantly between November and February. Council and indeed farmers are anxiously awaiting outcomes of discussions between the Western Australia Local Government Association (WALGA) and Government Agencies to ascertain if current regulations can be amended to reflect actual on-ground activities at small saleyards.

Council encourages the community to lobby their local members of parliament. I wish to publicly advise as stated at the 16 June 2015 Council Meeting that Council has not made any decision at this stage to sell the Saleyards or indeed received an offer for the land. The *Local Government Act 1995* requires Council to undertake specific actions and any rumours to the contrary are to be ignored.

The Kodja Place Precinct

Do you have some free time to assist our existing wonderful volunteers at Kodja Place? If so, please contact Manager – Zahra Shirazee by email mkpp@kojonup.wa.gov.au or telephone 98 310 500 to register your interest in being placed on the roster.

Council wishes to again express its appreciation and gratitude to the Kojonup Tourist Association, Volunteers, John Benn and Glenys Russell for the tremendous effort they have made to keep the Visitor Centre opened. We wish the new Committee every success particularly organising the upcoming Wildflower Weekend and wish Glenys all the very best in retirement knowing that she has left a huge legacy!

Donations – Tom Ryan

Unfortunately, Mr Ryan lost most if not all of his personal effects and possessions as a result of a fire and any community member wishing to make a donation of clothes etc. may do so at the Council Office.

Proposed display of railway locomotive at Benn Parade

As per the public notice in this edition of The Kojonup News, Council encourages community feedback on the proposal which will be considered by Council at the July 2015 Council meeting.

Ronnie Fleay
Shire President

SPRINGHAVEN NEWS

On the 15th of June we celebrated Jean Smith's 91st Birthday, with a lovely cake for morning tea and Jean had a splendid time with some special visitors.

Jean Jenkins also had a lovely cake and some special visitors when she turned 94 on June 21st.

We have been trying to keep active to stay warm through this week's cold weather and we all had a ball playing indoor bowls while it was pouring outside!

We had a wonderful High Tea on the 23rd of June with the Shire Councillors joining us, What a treat! The residents helped to prepare some decorations which made the room look really lovely and special, and the tasty treats prepared by our amazing kitchen were piled high and absolutely divine. Thank you everyone who joined us and for your efforts.

In July we are looking forward to celebrating NAIDOC WEEK and National Diabetes week, Christmas in July, crazy Hair/Hat day and national Tree Day.

Friends and Family and Volunteers are always welcomed to come see our Residents. They enjoy a chat and cuppa.



SHIRE OF KOJONUP
TOWN PLANNING SCHEME No. 3

**PROPOSED DISPLAY OF RAILWAY LOCOMOTIVE AT KOJONUP
RAILWAY PRECINCT**

The Shire of Kojonup at its 19 May 2015 meeting resolved to advertise the above proposal for public comment in accordance with c.6.2.3 of Town Planning Scheme No. 3 prior to making a final decision on the proposal.

Plans and details on the proposed railway locomotive are available for viewing at the Shire of Kojonup office at 93-95 Albany Highway, Kojonup during normal office hours or viewed and downloaded via the Shire's website www.kojonup.wa.gov.au.

All submissions must be in writing and addressed to the Chief Executive Officer. The closing date for submissions is Thursday 9 July 2015.

Rick Mitchell-Collins
Chief Executive Officer

Libby Foster
Cancer Prevention & Early Detection in the Great Southern
9842 7513
Libby.foster@health.wa.gov.au



Southern residents invited to let the sunshine in this winter

..... in June and July only

It's growing colder and the days are short. It reminds me that it is time to remind you that a little sunshine may be the best way to top up your vitamin D levels this winter.

Vitamin D is produced when sunlight hits the skin, and is essential for bone health for all Australians.

While the great majority of West Australians get their required vitamin D from day-to-day outdoor activities, those in the Great Southern Region may need a little help during the months of June and July.

Cancer Council Western Australia SunSmart Manager Mark Strickland tells us that, "During these months UV radiation levels fall to below three on the south western tip of the state, making it the perfect time to boost vitamin D levels without damaging your skin".

So, Cancer Council recommends people in the Great Southern aim for around 30 minutes of sun exposure around midday on most days of the week during June and July only.

Vitamin D is a topic of major interest in the community, yet still an area where there is confusion and much more research to be done.

Helping to clarify some issues around what we do and don't know about vitamin D among the medical community is Professor Robyn Lucas, Head of the National Centre for Epidemiology and Population Health at the Australian National University.

Professor Lucas is an expert in the field and recently visited Albany to speak to local GPs and health practitioners on the topic of 'What advice do you give your patients for optimal vitamin D?'

The session provided useful information including the current knowledge of vitamin D requirements in the general population, and issues around testing accuracy. This is particularly relevant to GPs in a time where vitamin D is a hot discussion topic and Australia has seen a huge rise in vitamin D tests in the last decade.

"People are aware of the importance of vitamin D, which is positive. However, for most of the year the focus should remain on sun protection to reduce the risk of skin cancer," Mr Strickland said.

Anyone who is concerned about their personal vitamin D level should speak to their GP.

Remember, think UV not heat. Monitor the local UV Index throughout the year. The local daily UV forecast is available at www.myuv.com.au or grab the free SunSmart app.

When the UV is 3 or above

– Slip, Stop, Slap, Seek and Slide



Upcoming Events and Dates to Remember

Event	Date	Time	Location
Council Meeting	21 st July 2015	3:00pm	Council Chambers